FMH College of Medicine & Dentistry

General guidelines for safety and hygiene

SOPs (or Safety Protocols): All members of the campus community, including faculty, staff, and students, are expected to adhere to the following guidelines in order to protect the health of its students, faculty, and staff, and the procedure to be followed in case of Covid-related symptoms.

1. Wear mask at all times when in campus. Entry to college without a face mask is not allowed.
2. Follow the guidelines for social/ physical distancing while in campus. Keep a safe distance of at least 6 feet between yourself and other people.
3. Maintain good hygiene practices. Wash your hands thoroughly and frequently with soap and water for 20 seconds, or use a hand sanitizer.
4. Use only the designated entrances and exits.
5. All students should stay at their designated practical or clinical area at all times.
6. All students are advised to carry a sanitizer, spare masks and water bottle with them.
7. Avoid all kinds of physical contact – hugging, high fives and shaking hands.
8. Students are not allowed to stay back in the college premises at end of their academic activities.
9. All the SOPs issued by the government should be very strictly followed.
10. Students not following SOPs related to COVID-19 will be warned, and on repetition of SOP violation, appropriate disciplinary action will be taken.

SOPs regarding Lecture, Practical, Clinical Rotation and Co-Curricular Activities

1. The lectures will continue to be delivered online even after 15th September 2020 and will be held as per schedule.
2. The practical classes and clinical rotations will be conducted in campus.
3. To ensure observance of social distancing rules on campus, the students of each class are divided into batches and student are advised to adhere to their batch & schedule for each class.
4. No face to face lecture/ practical/clinical teaching will be done to any class or batch if the number exceeds 30%.
5. While the FMH College of Medicine and Dentistry encourages co-curricular activities, the students and respective societies are advised to exercise caution in organizing events. There will be a complete ban on functions, festivals, and congregations until further notice.
Hostel SOPs

1. Boarding/hostel occupancy will be as per government guidelines i.e.,
2. Rooms will be allotted on single or double occupancy basis in case of large room with at least 6 feet distance. There will be no tri-seater rooms.
3. Thermal scanning of students entering the hostel will be done at entry point.
4. If any student experiences Covid-19 symptoms or if has been in contact with a Covid-19 infected person, student will inform Warden / Student Affairs for immediate self-quarantine and transport to appropriate facility or home.
5. Disinfection spray will be ensured before the arrival of the students and later on time to time disinfectant spray protocols will be followed
6. No outsider will be allowed to visit the hostel.
7. Vendors should provide us weekly update and recommend anything which they think should be applied for the safety of the students.
8. Service, security and cleaning personnel must wear masks while working, and keep a safe distance from each other and students.

Transport SOPs

1. Clean and disinfect vehicles / buses or other transport vehicles on a regular basis.
2. Maintain a distance when children sit in the van/bus.
3. Ensure commuters should use mask and gloves during travel and must use the hand sanitizer before entering the vehicle.
4. Drivers should practice all safety actions and protocols as indicated for other staff (e.g., hand hygiene, cloth face coverings).
5. Ensure ventilation systems operate properly and increase circulation of outdoor air as much as possible, for example by opening windows and doors.
6. Institute transport (van/ bus) should strictly abide with 50% occupancy of the seating capacity by creating distance between commuters in vans.